OUTLOOK FOR THE YEAR AHEAD: THE 7 FS

What do I want most? What's an ideal future that I passionately want to achieve for myself or my

organization that's worth re-inventing not just my organization but my entire self? What am I willing to commit to doing in order to achieve this incredible goal? What am I NOT willing to commit to doing? What will these seven significant life categories look like to me one year from today: Friends _ Faith _____ Fitness _ Financial — Function (work)

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Strategic Planning • Keynote Speeches • Private Workshops Contact Greg at 214.720.3707 or greg.bustin@bustin.com

OUTLOOK FOR THE YEAR AHEAD: THE 7 FS

Select the single most important goal from one of the seven categories of goals.
Write down the category and goal so I will know I have achieved it:
Describe my progress toward achieving my goal at each of these points in the coming year (What will have happened? What will I have accomplished? What will remain to be accomplished?):
March 31:
June 30:
September 30:
December 31:
Write down the impact of NOT achieving my goal:
Write down the impact of achieving my goal:
Write down how I will feel when I achieve my goal:

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